

# Warm Up Worksheet: How will you speak out?

Use the following questions to help you prepare to “Speak Out” as you listen to *Jackie Robinson: American Hero*. Discuss how Jackie Robinson used his position as a public figure to speak out about what he believed in and think about how you can too!

1. Chapter 3 shows how Robinson stood up for himself when he was treated unfairly in the Army because of the color of his skin. How do you think this experience is related to what he did when he broke the color line in Major League Baseball? **Is there a time you stood up for something you believe? Draw a picture of this memory.**

2. Chapter 4 is called *Breaking the Color Barrier*. A barrier is an obstacle that prevents someone from getting to, or being part of, something or some place. What “barriers” would you like to see broken today (in sports or elsewhere)? **Select one and make a list of at least three steps that you think would help break this barrier.**

3. Jackie Robinson believed in being honest about unfairness and saying something about it, rather than staying quiet. This didn’t always make him popular, but he was “more interested in being respected than liked.” **Select an issue or problem about which you feel strongly. Draw yourself speaking out about this topic and include a speech bubble.**



4. Jackie Robinson is an American hero, but of course he was also human – just like all of us. He pushed himself to be a better person, including admitting when he made a mistake, even doing so publicly. What can young people speak out about to push America to be its best? **Make a list of ways Robinson pushed for change that young people can use today and honor Jackie’s legacy.**

Check out the [“How will you speak out?”](#) activities to keep these ideas going!